



2ND ANNUAL

HEALTH & BENEFITS FAIR

AGE

SUCCESSFULLY



SPONSORED BY:

Senior
SOLUTIONS



Black River Good
Neighbor Services

Ludlow Community Center, 37 Main Street

Friday, June 16, 2023, 10 am – 2 pm

FREE BBQ & LIVE ENTERTAINMENT

PARTICIPANTS AND ACTIVITIES:

3SquaresVT Food Program • Meals on Wheels • Black River Valley Senior Center
Health Screenings by NorthStar Health • Arts Programming by The Art Gym
Ludlow Parks and Recreation • Rainbow Riding Center • VT Senior Medicare Patrol
Medicare Fraud & Abuse Info • Visiting Nurse and Hospice of VT/NH
Vermont Garden Network (Community Gardening) with
Free seeds for planting and seedlings to bring home
Foxy Fund Pet Food Assistance • Tai Chi Demonstration by Tai Chi Vermont
Fraud Prevention & Home Safety by Windsor County Sheriff's Department & Ludlow Police Dept
Explore Volunteerism and services through the Friendly Visitor Program
Vermont Senior Companions and more from Senior Solutions
Green Mountain Retired Senior Volunteer Program (RSVP)

**BBQ provided by
the Black River Good Neighbor Services & TRIO Community Meals**

CONTACTS:

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