



Health & Benefits Fair

SPONSORED BY:



LOCATION:

**Black River Good Neighbor Services, 37B Main Street, Ludlow VT
Friday, August 5, 2022 from 10 am – 2 pm**

FREE BBQ & LIVE ENTERTAINMENT

PARTICIPANTS AND ACTIVITIES:

3SquaresVT Food Program • Meals on Wheels • Black River Valley Senior Center
Health Screenings by NorthStar Health • Arts Programming by The Art Gym
Technological Literacy by GetSetUp • Foxy Fund Pet Food Assistance
Tai Chi Demonstration by Tai Chi Vermont
Fraud Prevention & Home Safety by Windsor County Sheriff's Department & Ludlow Police Dept
Free phones for those who qualify by Cricket Phones
Friendly Visitor Program, Vermont Senior Companions, and Vet to Vet Program by Senior Solutions
Visiting Nurse and Hospice of VT/NH
Green Mountain Retired Senior Volunteer Program (RSVP)

**BBQ provided by the
Black River Good Neighbor Services & TRIO Community Meals**

CONTACTS:

Suzanne Burge, Senior Solutions: 802-822-0498, Sburge@seniorsolutionsvt.org
Krey Kellington, BRGNS: 802-228-3663 – kkellingtonbrgns@gmail.com