Explore the 60-Up Dining Trail

Community Meals happen year-round throughout Windham and Windsor Counties. Besides offering nutritious meals, these luncheons often include programs like guest speakers, bookmobiles, games, birthday celebrations, music, or educational presentations. Some sites also serve breakfast.

If one meal site doesn't suit your preferences, be sure to try others. There's quite a variety in atmosphere, culinary style, and activities. The gatherings, for example, may be in a restaurant, grange hall, church, or community center.

There is usually a suggested donation of $2.50 to $4.00 for older adults aged 60 and up. Diners under 60 are typically charged $4 to $5. Meals on weekends and special occasions may, in some cases, require diners of all ages to pay $5. If you wish to give a larger donation, it will gladly be accepted to support the nutrition program.

Come explore the

60-Up Dining Trail.

We can't wait to meet you!

Photo credits to Thompson Senior Center & Thetford Elder Network

Senior Solutions (formerly the Council on Aging for Southeastern Vermont) is an Area Agency on Aging. Our non-profit, community organization has provided Older Americans Act social services to people 60 years and older, their caregivers and families for over 30 years.

Senior Solutions:

- Gives personalized service for successful aging
- Helps people remain as independent, healthy and involved as possible
- Connects older adults and their caregivers to the information and services they need

Senior SOLUTIONS

38 Pleasant Street, Springfield, VT 05156
Phone: (802)885-2655 Fax: (802)885-2665
E-mail: info@SeniorSolutionsVT.org
Senior HelpLine: 1-800-642-5119
www.SeniorSolutionsVT.org
www.VermontSeniors.org

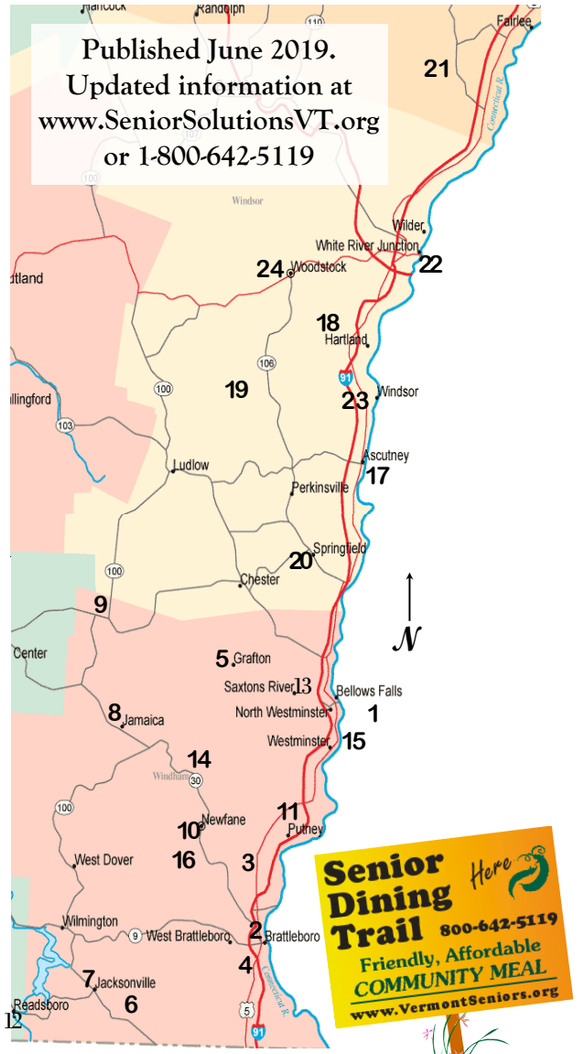
60-UP Dining Trail

Southeastern Vermont

Join with other mature diners for good company and affordable local specialties

www.VermontSeniors.org

Revised June 2019



Partly wheelchair accessible

Fully wheelchair accessible

RSVP Some sites ask that you make a reservation

Find us on Facebook Search for SeniorSolutionsVT

WINDHAM COUNTY

1 Bellows Falls Area Senior Center
18 Tuttle Street, Bellows Falls, VT 05101
Contact: Teagen Kosut, 463-3907
bfasc@sover.net
Monday—Friday at 11:30 A.M.
Menu at www.bfasc.org

2 Brattleboro Senior Center: Gibson Aiken Bldg,
207 Main St., Brattleboro, VT 05301
Contact: Chris McAvoy, 257-1236
Lunch at noon Mon-Fri
Menu at www.brattleboroseniormeals.org

3 Dummerston Center: Evening Star Grange
East-West Road, Dummerston, VT 05301
Contact: Ruth Barton, 254-1128
2nd & 4th Wednesdays at noon

4 Guilford Community Church-UCC
38 Church Drive, Guilford, VT 05301
Contact: Peg Curtiss, 254-9774
1st & 3rd Fridays at noon
RSVP

5 Grafton Church Chapel
4 Main Street, Grafton, VT 05146
Contact: Dennis Hunt, 869-2674
Every Wednesday at noon
All ages welcome. Vegetarian option available.

6 Halifax Community Hall
Brook Road & Branch Road
W. Halifax, VT 05358
Contact: Joan Courser, 368-7733
3rd Friday at noon

7 Jacksonville: Whitingham Municipal Center
2948 Rte. 100, Jacksonville, VT 05342
Contact: Terrie Dumaine, 368-7567
Tuesday, Thursday at noon

8 Jamaica Community Church
100 Route 30, Jamaica, VT 05343
Contact: Ms. J. Stone, 874-4847
2nd Thursday at noon

10 Newfane Congregational Church
Church Street, Newfane, VT 05345
Contact: Winnie Dolan, 365-7870
2nd Thursday at noon

11 Putney Community Cares
Kimball Hill Road, Putney, VT 05346
Contact: Abby Jacobson, 387-5593
coordinator@putneycommunitycares.org
4th Tuesday at noon
Menu at www.putneycommunitycares.org

12 Readsboro First Baptist Church
7030 Main Street, Readsboro, VT 05341
Contact: Sandra Goodermote, 413-424-5446
2nd Wednesday at noon
RSVP

13 Saxtons River: Blue Door Community Suppers
Christ's Church, 24 Main St., Saxtons River VT 05154
Contact: Wanda Salter, 869-2582
Every Wednesday, 5:30-7:00 P.M. (closed May– Sept.)

14 Townshend Church, UCC
46 Common Rd, Townshend, VT 05353
Contact: Alice Gausch, 874-4276
1st & 3rd Thursdays at noon

15 Westminster Congregational Church
Route 5, Westminster, VT 05158
Contact: Westminster Cares, 722-3607
2nd Thursday at noon
RSVP

16 Williamsville Community Hall
Dover Road, Williamsville, VT 05362
Contact: Nancy Rysz, 348-6301
4th Thursday at noon; Closed Nov. — March

WINDSOR COUNTY

17 Ascutney: Mr. G's Restaurant
202 Route 131, Ascutney, VT 05156
Contact: Volunteers in Action, 674-5971
3rd Wednesday at noon

18 Hartland Recreation Center
Route 12, Hartland, VT 05048
Contact: Volunteers In Action, 674-5971
2nd Tuesday at noon
RSVP

19 Springfield River Valley Café
307 South Street, Springfield, VT 05156
Contact: Chef Dave Groenewold, 885-8328
Open Wed., Thurs. at noon (open Nov.-May)

20 Meals & Wheels of Greater Springfield
197 Union Street (at Southridge)
Springfield, VT, 05156
Contact: Sue Levine, 885-5879
Tues., Thurs. at 11:30 A.M.

21 North Thetford Federated Church
US Route 5, North Thetford, VT 05054
Contact: Martha Daum, 333-4082
4th Thursday at 11:30 A.M.

22 White River Junction
Bugbee Senior Center
262 N Main Street, White River Jct, VT 05001
Contact: Len Brown, 295-9068
info@bugbeecenter.org
Monday-Friday at noon
Menu at www.bugbeecenter.org

23 Windsor: Historic Homes of Runnemede Stoughton House
46 Main St., Windsor, VT 05089
Contact: Sandy Anderson, 674-6733
Lunch 7 days a week at 12:30
Menu at www.hhronline.org

24 Mt. Ascutney Hospital Board Room
289 County Rd., Windsor, VT 05089
Contact: Volunteers in Action, 674-5971
4th Wednesday at noon
RSVP

25 Woodstock: The Thompson Center
99 Senior Lane, Woodstock, VT 05091
Contact: Deanna Jones, 457-3277
info@thompsonseniorcenter.org
Monday—Friday at noon